

# Is it the flu, a cold, or COVID-19?

**Not feeling well?** Check the chart below for common symptoms of colds, the flu, and COVID-19.



## Always remember...

You can have more than one of these illnesses at the same time.

It's best to call or visit a health care provider if you feel sick.

Symptoms can be different from person to person.

You don't need to have every symptom to have that illness.

### If you are sick, **STAY HOME**

(except to seek medical care) to avoid spreading illness to others.

Someone with COVID-19 may have no symptoms or very mild symptoms.

Symptoms	Cold	Flu	COVID-19
Body Aches	Sometimes	✓	✓
Chills		✓	✓
Dry Cough	✓	✓	✓
Fatigue (Tiredness)	Sometimes	✓	✓
Fever	Rarely	✓	✓
Headache	Rarely	✓	✓
Loss of Taste / Smell			✓
Nasal Congestion / Stuffy Nose	✓	Sometimes	✓
Nausea / Vomiting / Diarrhea	Sometimes	Sometimes	✓
Runny Nose	✓	Sometimes	✓
Sneezing	✓	Sometimes	✓
Sore Throat	✓	✓	✓
Shortness of Breath		Sometimes	✓

If you are in close contact of someone with COVID-19, you should follow quarantine procedures.  
If you have COVID-19 symptoms and are in close contact of someone with COVID-19, you should get tested.